

Ayala High School Intervention Counselors support the whole student by facilitating Positive Behavioral Interventions & Supports (PBIS), Response to Intervention (RtI), Professional Development, Curriculum Design, School & Community Collaboration, Opportunities for Parental Action, and Teamwork.

How are you feeling today?



Request For Support

WHO CAN REQUEST SUPPORT?

- Students can request support for themselves or peers.
- Parents/Guardians & Staff can request support for students.

HOW DO I REQUEST SUPPORT?

- Scan the QR Code.
- Complete the form.
- An Intervention Counselor will reach out to schedule a meeting with the student within 72 hours.



WHERE ARE MEETINGS HELD?

In the Bulldog Zen Den and/or Intervention Counselor's office, located in the Ayala High School Library.

WHAT KIND OF SUPPORT IS OFFERED?

Intervention Counselors support students with Social-Emotional needs. They work with students independently and/or in small groups on developing strong Social-Emotional skills.

The Request for Support Form is also available on Ayala High School's website - MTSS Counseling page or by following this link: <https://forms.office.com/r/ctz8bmx2wx>

Please visit CVUSD's "One-Stop-Shop" for additional Student Social, Emotional, and Mental Health Support & Safety Resources <https://www.chino.k12.ca.us/Page/51648>



Positive Behavioral Interventions & Supports

We advocate for safe and supportive school environments where all students thrive Socially, Emotionally, and Academically to become lifelong learners, responsible citizens and contributing members of their communities.

Contact Us
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**RUBEN S. AYALA
HIGH SCHOOL**

**Multi
Tiered
System of
Supports**

**TIER 2 AND TIER 3
SUPPORTS**

**BE RESPECTFUL
BE RESPONSIBLE
BE SAFE
IT'S THE BULLDOG WAY!**

Brief Intervention

Brief Intervention is a short-term (3 individual counseling sessions) intervention. It is an evidence-based counseling intervention for adolescents who use alcohol, tobacco, or other substances. Developed by Dr. Ken Winters, Brief Intervention uses motivational interviewing, cognitive behavioral therapy, and the stages of change model to meet the needs of students. The purpose is to encourage smoking and substance use cessation.

Small Groups

Small group counseling is a non-therapeutic, social-emotional skills-based intervention, which offers a safe setting where students can develop and improve skills in the CASEL Competencies: Self Awareness, Self-Management, Responsible Decision-Making, Relationship Skills, and Social Awareness aligned with Ayala's Schoolwide Expectations of Be Safe, Be Respectful, & Be Responsible. Sample group topics are Stress Management, Healthy Communication, and Motivation.



INTERVENTIONS

Check In/Check Out (CICO)

CICO is a an opportunity for students to build a relationship with faculty/ staff members and involve parents/ guardians while promoting positive behaviors. CICO involves a daily point card and contingencies for behavior individualized through reinforcement and goals. Students meet with their CICO Coach twice a day to review progress toward goal achievement, receive feedback, celebrate success, and problem-solve to find solutions for any barriers, which may impede academic achievement and social-emotional wellness.

Classroom Push-In Lessons

Classroom push-ins are a short-term (4-6 week) intervention that provides students in a classroom setting with opportunities to develop and improve their skills in CASEL Competencies: Self-awareness, Self-Management, Responsible Decision Making, Relationship Skills, and Social Awareness aligning with Ayala's School-wide Expectations. Progress is monitored through teacher reports and/or student self-report.

Behavior Self-Monitoring

Behavior Self-Monitoring provides students opportunities to establish a goal and measure their own daily progress toward goal achievement. Students meet with an Intervention Counselor or Faculty/Staff member to discuss goal progress, practice skills, and problem-solve, so students can develop and improve their skills in the CASEL Competencies in alignment with Ayala High School's Schoolwide Expectations.